



ROCK SPRINGS CHURCH SENIOR ADULTS

Helping Your Senior Adults Thrive

*“They will still THRIVE and prosper and bear fruit as they mature”
Psalm 92:14*

*“Our senior adults are often the most **Faithful** members, most **Consistent** givers & most **Available** servants, we would be wise to serve them well!”*

1. **Enrich** their lives!
 - Consistent **Care**.
 - Personal **Contact**.
 - Practical **Ministry**.
2. **Encourage** continually!
 - Comfort the **Hurting**.
 - Be **Present**.
 - Pair visits with **Prayer** & **Gifts**.
3. **Equip** them faithfully!
 - Remind them of their great **Value**.
 - Get them **Involved** serving.
4. **Enjoy** fellowship together!
 - Have as much **Fun** as you can!
 - **Food** fosters fellowship.
 - **Give** them something to look forward to!
 - **Gather** them together regularly.